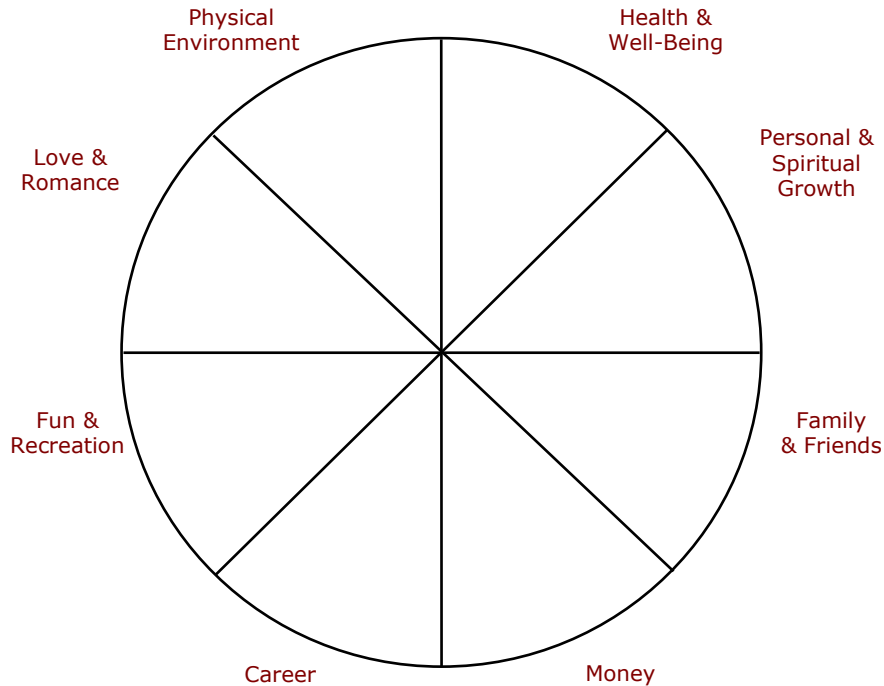# THE LIFE SUCCESS TOOL

created by Diana Loomans, Founder of The Quantum Life Institute

Take time quarterly to examine each area of your life.   The circle chart gives you a visual gauge of your levels of success and satisfaction while the ratings to the right will help you hone in on any specific area you may want to improve.

Physical Environment — Health & Well-Being — Personal & Spiritual Growth — Family & Friends — Money — Career — Fun & Recreation — Love & Romance

Area of Life	Low										High
1. Spiritual Growth	0	1	2	3	4	5	6	7	8	9	10
2. Physical Health & Wellness	0	1	2	3	4	5	6	7	8	9	10
3. Thinking & Belief Systems	0	1	2	3	4	5	6	7	8	9	10
4. Emotional Wellness	0	1	2	3	4	5	6	7	8	9	10
5. Family	0	1	2	3	4	5	6	7	8	9	10
6. Romance & Love	0	1	2	3	4	5	6	7	8	9	10
7. Friends & Community	0	1	2	3	4	5	6	7	8	9	10
8. Money	0	1	2	3	4	5	6	7	8	9	10
9. Time Management	0	1	2	3	4	5	6	7	8	9	10
10. Organization	0	1	2	3	4	5	6	7	8	9	10
11. Home & Office Space	0	1	2	3	4	5	6	7	8	9	10
12. Career	0	1	2	3	4	5	6	7	8	9	10
13. Education & Technology	0	1	2	3	4	5	6	7	8	9	10
14. Leisure, Fun & Travel	0	1	2	3	4	5	6	7	8	9	10
15. Creative Self-Expression	0	1	2	3	4	5	6	7	8	9	10
16. Service	0	1	2	3	4	5	6	7	8	9	10

To use the Wheel: Seeing the center of the wheel as 0 and the outer edge as 10, rank your level of satisfaction from 0-10 in all areas by shading in each section accordingly. Areas of high satisfaction will be almost completely filled in, while areas of low satisfaction will not.

To use the Rating Scale: Rate each area of your life, with 10 being the highest score possible and 0 being the lowest.

Ask yourself the following questions: Which areas of my life are most fulfilling? Which areas are not? Am I willing to pursue my deepest desires HERE and NOW, no matter what? Am I ready to receive the invaluable support of a success coach to help transform my life? Do I know that I am worth it?

Are you ready to soar with a success coach or become a success coach? Our transformational programs will inspire you to lead a soul-directed life of purpose & fulfillment!