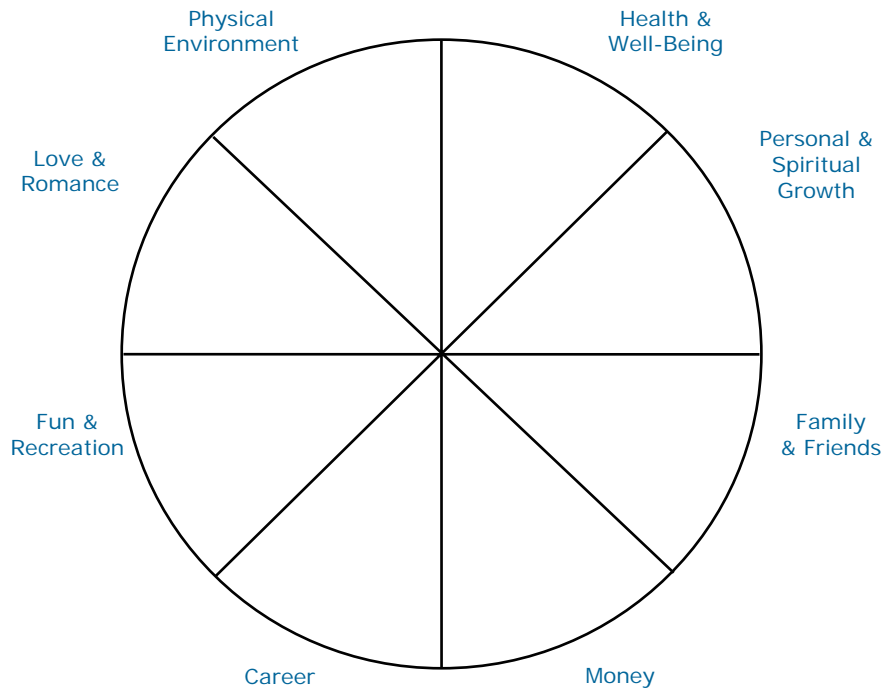


# THE LIFE SUCCESS TOOL

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Take time quarterly to examine each area of your life. The circle chart gives you a visual gauge of your levels of success and satisfaction while the ratings to the right will help you hone in on any specific area you may want to improve.



<u>Area of Life</u>	<u>Low</u>	<u>High</u>
1. Spiritual Growth	0	1 2 3 4 5 6 7 8 9 10
2. Physical Health & Wellness	0	1 2 3 4 5 6 7 8 9 10
3. Thinking & Belief Systems	0	1 2 3 4 5 6 7 8 9 10
4. Emotional Wellness	0	1 2 3 4 5 6 7 8 9 10
5. Family	0	1 2 3 4 5 6 7 8 9 10
6. Romance & Love	0	1 2 3 4 5 6 7 8 9 10
7. Friends & Community	0	1 2 3 4 5 6 7 8 9 10
8. Money	0	1 2 3 4 5 6 7 8 9 10
9. Time Management	0	1 2 3 4 5 6 7 8 9 10
10. Organization	0	1 2 3 4 5 6 7 8 9 10
11. Home & Office Space	0	1 2 3 4 5 6 7 8 9 10
12. Career	0	1 2 3 4 5 6 7 8 9 10
13. Education & Technology	0	1 2 3 4 5 6 7 8 9 10
14. Leisure, Fun & Travel	0	1 2 3 4 5 6 7 8 9 10
15. Creative Self-Expression	0	1 2 3 4 5 6 7 8 9 10
16. Service	0	1 2 3 4 5 6 7 8 9 10

**To use the Wheel:** Seeing the center of the wheel as 0 and the outer edge as 10, rank your level of satisfaction from 0-10 in all areas by shading in each section accordingly. Areas of high satisfaction will be almost completely filled in, while areas of low satisfaction will not.

**To use the Rating Scale:** Rate each area of your life, with 10 being the highest score possible and 0 being the lowest.

**Ask yourself the following questions:** Which areas of my life are most fulfilling? Which areas are not? Am I willing to pursue my deepest desires HERE and NOW, no matter what? Am I ready to receive the invaluable support of a success coach to help transform my life? Do I know that I am worth it?

Are you ready to soar with a success coach or to become a success coach? Our transformational programs will inspire you to lead a soul-directed life of purpose, love & joy!